

# Prophetstown/Lyndon/Tampico - September 2011 Menu


Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheeseburger/bun Lettuce/Dressing Mixed Fruit Brownie <b>BREAKFAST</b> P.B. toast	2 Turkey/cheese/bun Carrots Apple Treat <b>BREAKFAST</b> French toast sticks
5 LABOR DAY NO SCHOOL	6 Pizza sticks Peas Mixed fruit Cookie <b>BREAKFAST</b> Breakfast pizza	7 Burrito Carrots Pears Pudding <b>BREAKFAST</b> P.B. toast	8 Pasta/Meatsauce Lettuce/ Dressing Peaches Cheesy bread <b>BREAKFAST</b> Pancake& sausage on a stick	9 Pork Fritter/Bun Corn Pineapple Orange Sherbert <b>BREAKFAST</b> French toast sticks
12 Maid Rights/Bun Baked Beans Applesauce Juice Bar <b>BREAKFAST</b> Sausage Gravy/Biscuit	13 Sausage Pizza (Pizza Hut – PHS PES) Green Beans Sliced Apples Granola Bar <b>BREAKFAST</b> Eggs/Cheese	14 Chicken Patty/bun Mixed Veggies Apricots Trail Mix <b>BREAKFAST</b> P.B. toast	15 Taco's x 2 Lettuce/Salsa Orange Churros <b>BREAKFAST</b> Breakfast bar /Ham	16 Hot Dog/Bun Oven Potatoes Pears Brownie <b>BREAKFAST</b> French toast sticks
19 Ravioli/ cottage cheese Green beans Peaches French Bread <b>BREAKFAST</b> Sausage Gravy/Biscuit	20 Quesadila/Salsa Peas & Carrots Pears Applecrisp <b>BREAKFAST</b> Breakfast pizza	21 Corn Dog Lettuce/Dressing Manderin Oranges Muffin <b>BREAKFAST</b> P.B. toast	22 Chicken Nuggets Mashed Potatoes/gravy Grapes Dinner Roll <b>BREAKFAST</b> String Cheese	23 Deli/Bun Carrots Juice Treat <b>BREAKFAST</b> French toast sticks
26 BBQ Rib/Bun Corn Hot Cinn. Apples Cake <b>BREAKFAST</b> Sausage Gravy/Biscuit	27 Sausage pizza (Pizza Hut – TMS TES) Mixed Veggies Pineapple Teddy Grahams <b>BREAKFAST</b> Sausages x 2	28 Popcorn Chicken Green Beans Pears Dinner Roll <b>BREAKFAST</b> P.B. toast	29 Nacho's/Meat Cheese sauce Lettuce/Dressing Apple/Goldfish Crackers <b>BREAKFAST</b> Ham Patty	30 Sloppy Joe/Bun Oven Potatoes Peaches Rice Krispie Bar <b>BREAKFAST</b> French toast sticks



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Monday	Tuesday	Wednesday	Thursday	Friday
3          BREAKFAST	4          BREAKFAST	5          BREAKFAST	6          BREAKFAST	7          BREAKFAST
10 <b>NO SCHOOL COLUMBUS DAY</b>	11          BREAKFAST	12          BREAKFAST	13          BREAKFAST	14          BREAKFAST
17          BREAKFAST	18          BREAKFAST	19          BREAKFAST	20          BREAKFAST	21          BREAKFAST
24          BREAKFAST	25          BREAKFAST	26          BREAKFAST	27          BREAKFAST	28          BREAKFAST
31          BREAKFAST	<p><b><u>TMS:</u></b> Deli is offered on Monday &amp; Wednesday Salads are offered on Tuesday &amp; Thursday</p> <p><b><u>PHS:</u></b> Salads are offered everyday</p> <p><b>**Salads are pre-made and must be ordered when lunch count is taken. If you have ordered a salad you must take it.</b></p>			

# Prophetstown/Lyndon/Tampico - November 2011 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza Hut – Sausage PHS & PES only Peas Apricots Oreo Cookie  BREAKFAST Cooks Choice	2 Pork Fritter/bun Corn Mandarin Oranges Pudding  BREAKFAST P.B. Toast	3 Tacos X 2 / Salsa Lettuce/Cheese Mixed Fruit Churro  BREAKFAST Pancake/Sausage (stick)	4 Turkey/Cheese/Bun Juice Carrot sticks Gold Fish Crackers  BREAKFAST French Toast sticks
7 Salisbury Steak Mashed Potatoes Gravy Orange Elf Grahams  BREAKFAST Sausage Gravy/biscuit	8 Pizza Sticks/sauce Baked Beans Pears Cake  BREAKFAST Sausage Links x 2	9 Corn Dog Oven Potatoes Pineapple Animal Crackers  BREAKFAST P. B. Toast	10 Nachos/Meat Cheesesauce Lettuce/Dressing Fruit Cup/Juice Bar  BREAKFAST Ham Bar	11 Chicken Patty/bun Green Beans Peaches Rice Krispie bar  BREAKFAST French Toast Sticks
14 Hot Dog/bun Corn Pineapple Pretzell  BREAKFAST Sausage Gravy/biscuit	15 Pizza Hut – Sausage TMS & TES only Mixed Veggies Pears Granola Bar  BREAKFAST pancakes	16 Popcorn Chicken Lettuce/Dressing Peaches/Muffin Bread/butter  BREAKFAST P. B. Toast	17 Turkey in Gravy Mashed Potatoes Green Beans Applecrisp / roll  BREAKFAST Muffin	18 Chili/crackers Carrot sticks Mixed fruit Yogurt  BREAKFAST French Toast Sticks
21 Sloppy Joe/bun Sweet Potato Fries Mandarin Oranges Brownie  BREAKFAST Sausage Gravy/biscuit	22 Quesadilla/salsa Corn Apple Slices Cookie  BREAKFAST Breakfast Pizza	23 <b>NO SCHOOL</b>  	24 <b>NO SCHOOL</b> <b>THANKSGIVING</b>   	25 <b>NO SCHOOL</b>  
28 Ravioli Cottage Cheese Green Beans Peaches French Bread  BREAKFAST Sausage Gravy/Biscuit	29 Pizza Hut - Sausage PHS & PES only Pineapple Teddy Grahams  BREAKFAST Cooks Choice	30 Cheeseburger/bun Corn Pears Treat  BREAKFAST P.B. Toast	<b>TMS:</b> Deli is offered on Monday & Wednesday Salads are offered on Tuesday & Thursday  <b>PHS:</b> Salads are offered everyday  **Salads are pre-made and must be ordered when lunch count is taken. If you have ordered a salad you must take it.  Breakfast: Cereal/Juice/Milk Milk is served with all meals	

